

## DI-PRESCRIBE Symposium Implementing deprescribing in routine practice in Belgium

**12 Septembre 2024**

Auditorium Central D Maisin – Avenue Emmanuel Mounier, 51 – 1200 Brussels

### Preliminary Program

#### 9h30 Welcome note and overview on DI-PRESCRIBE

**Anne Spinewine**, responsable projet DI-PRESCRIBE, UCLouvain

**Sabine Stordeur**, Directrice générale DG Soins de Santé ; responsable Policy Taskforce Psychotropes

#### 10h-10h40 Keynote 1

Challenges and opportunities to move deprescribing forward: an international perspective.

**Cathal Cadogan**, PhD, Trinity College Dublin, Ireland

#### 10h40-12h Oral communications #1

- Psychotropic Prescribing in Belgium: A Blended Learning Approach for GPs - **Ellen Van Leeuwen, Anne-Marie Offermans**
- Feasibility of a theory-based intervention towards benzodiazepines deprescribing in nursing homes: the END-IT NH randomised controlled trial - **Perrine Evrard**
- Proton pump inhibitors deprescribing practices in hospitalized children – **Eline Tommelein**
- Development and psychometric validation of the Behavior Determinants towards Deprescribing Questionnaire (BDDQ) - **Sara Alves Jorge**
- Electronic tools to facilitate medication review in nursing homes: a pilot study – **Marie Carrein**

#### 12h-13h Lunch and poster session

#### 13h-13h40 Keynote 2

Challenges and opportunities to move deprescribing forward: a Belgian perspective

Speaker TBC

#### 13h40-15h Oral communications #2

- Belgian community pharmacists compound tapering schemes for long term benzodiazepine users - **Jean-Michel Michot, Valentin Mutemberezi**
- Effect of de-intensifying hypoglycaemic drugs in older adults with type 2 diabetes: a cohort study emulating a target trial – **Antoine Christiaens**
- Health care professional barriers and facilitators to discontinuing antidepressant use: A systematic review and thematic synthesis – **Ellen Van Leeuwen**
- Impact of International Deprescribing Guidelines on Trends in Deprescribing for Nursing Home Residents with Limited Life Expectancy in Belgium - **Degefaye Zelalem Anlay**
- Implementation of a gradual benzodiazepine withdrawal programme in a medical centre facilitated by the presence of a clinical pharmacist? - **Stéphanie Pirlot, Amine Dahmane**

#### 15h-15h45 Perspectives for the future – panel discussion and conclusion

Participation to the symposium is free but

**[Registration](#) is mandatory and will be open until August 31<sup>st</sup>**

The symposium will be followed by the public defence of the PhD thesis of Catherine Pétein.

**16h30-18h30**

**Public defence of the PhD thesis of Catherine Pétein**

“Promoting benzodiazepines and z-drugs deprescribing in the community setting: adapting tools to better engage older adults and healthcare professionals.”

Promotor: Pr S Henrard, Co-promotor: Pr A Spinewine.

[Registration to the public defense](#)

**Deadline: August 26<sup>th</sup>**

DI-PRESCRIBE is funded through an Actions de Recherche Concertées (DI-PRESCRIBE project; 22/27-124). Related work on deprescribing is also funded by EBPpracticenet (Projet d’implémentation EBPpracticenet 2023) and by a research grant from the Fonds de la Recherche Scientifique (FNRS) (CDR40013898).

For more information:

- <https://uclouvain.be/en/research-institutes/ldri/symposium-di-prescribe.html>
- [isabelle.alloo@uclouvain.be](mailto:isabelle.alloo@uclouvain.be) ; [Perrine.evrard@uclouvain.be](mailto:Perrine.evrard@uclouvain.be); [anne.spinewine@uclouvain.be](mailto:anne.spinewine@uclouvain.be)